

FOOD, CLOTHING AND SHELTER RESOURCES IN PASADENA (RECURSOS DE COMIDA, ROPA Y REFUGIO EN PASADENA)

Primary resource for all requests: 211 Information Hotline (<https://www.211la.org/>)

If a family is looking for shelter, refer to 211 and specify requesting an appointment with the *Family Solutions Center*



FOOD (COMIDA)

- **All Saints Episcopal Church** – 626-796-1172; 132 N. Euclid Ave.
Free groceries each Monday (Comestibles gratis cada Lunes) 9am to 12pm
- **First Church of the Nazarene** – 626-351-9631; 3700 E. Sierra Madre Blvd.
Free groceries Wed (Comestibles gratis Miércoles y Jueves) 9am-12pm
- **Foothill Unity Center** – 626-584-7420; 191 N Oak.
Free groceries each Tues 9-11:30am, Wed 1-3:30 and Friday 1-3:30
(Comestibles gratis cada martes) (*once/mo*)
- **Friends in Deed** – 626-797-6072; 444 E. Washington Blvd. (corner Washington & Los Robles)
Free groceries Tues., Wed., Thur. 10am-4pm
(Comestibles gratis martes y miércoles; pan disponible los jueves)
- **Lake Avenue Church** – 393 N. Lake Ave.
Free dinner each 2nd, 3rd & 4th Sunday of the month.
Arrive 3:30pm Dinner Served at 4:30pm 4th floor Skyroom
- **Lincoln Avenue Christian Church** – 626-798-9163; 1180 Lincoln Ave;
Free groceries Every Wednesday 10am (tercer miércoles 10)
- **Pasadena Church** – 626-794-2951; 404 E Washington Blvd.; Dinner Monday, Wednesday, &
Friday (Comestibles gratis Lunes, Miércoles, y Viernes) 6-7 pm
- **Salvation Army** – 626-773-4404; 1000 E. Walnut St., Suite 102
Free groceries (Comestibles) 9-11:30am M-F



CLOTHING (ROPA)

- **ACT Thrift Store** – 626-577-4477; 1311 N Altadena Dr, Pasadena; M-Sat 10am-7pm
- **Salvation Army** – 626-773-4404; 1000 E. Walnut St., Suite 102; Clothing Vouchers; 9am-11:30am
- **Friends in Deed** – 626-797-6072; 444 E Washington Blvd Norma's Nook; M-Th 11am-4pm,
Friday 9am-12pm



SHELTER (REFUGIO)

- **Ascencia** 818- 246-7900 45 bed emergency shelter, homeless services (kitchen, laundry, shower), mental health care
- **Friends in Deed**- 626-797-6072 rental assistance program (epra@friendsindeed.org), women's drop in center (M-Th 10-4) lunch, laundry, shower, nap room
- **The Women's Room** – women (mujeres) daytime refuge 626-797-6072; 444 E. Washington Blvd.; referrals; M, W, Thur 1pm-4pm; Tues/Friday: 9am-12pm; Showers and Laundry (ducha y lavadora)
- **Pasadena Bad Weather Shelter** operated by Friends In Deed. Jan 15 – April 2024. New location at Trinity Lutheran Church 997 E Walnut St. Pasadena. 8pm – 8am (line up starting at 7pm). **Weather activated. Call first to see if they are open 888-915-8111.** Maximum nightly capacity of 50 people. Nurses available on Monday nights.
- **Union Rescue Mission** – 213-347-6300; 545 S. San Pedro Ave., LA
- **Union Station Homeless Services** – 626-240-4550; 412 S. Raymond Ave. Intake: M-F 7am-1:30pm



LIVE-IN PROGRAMS (PROGRAMAS RESIDENCIALES)

- **Ascencia** - families (familias) – 818-246-7900; 1851 Tyburn Street, Glendale
- **Door of Hope** - families (familias) – 626-304-9130; 221 E Walnut St #112 Pasadena 91101 Pasadena & Glendale homeless prevention program for families with children under the age of 18.
- **Elizabeth House** – pregnant women (mujeres embarazadas) – 626-577-4434; 760 Santa Barbara St. (only 6 women). Provides “wrap around services” for women in the community (therapy, mentorship, educational resources, workshops and classes)
- **Grandview Foundation** – men (hombres) 626-797-1124; 1230 N Marengo Ave, Pasadena 91103
- **Haven House** - women & children (mujeres y niños) – 323-681-2626 hotline; San Gabriel Valley
- **IMPACT** – men & women (hombres y mujeres) 626-798-0884; 1680 N Fair Oaks Ave
- **Salvation Army** – Adult Rehab Center 626-795-8075; 56 W Del Mar Blvd, Pasadena
- **The Dream Center** – 213-273-7000; 2301 Bellevue Ave, L.A.
- **San Fernando Valley Rescue Mission** – 818-785-4476; 8756 Canbury Avenue, Northridge
- **Hoving Home** - women (mujeres) – 626-405-0950; 127 S. El Molino Ave. Admissions is quick 845-274-3812 Emily. Requirments and entrance fee.



HEALTH CARE (ASISTENCIA MÉDICA)

- **CHAP – Community Health Alliance of Pasadena 626-993-1221; 455 W Montana Street;** *Medical & dental clinic services, call for appointments; fees based on sliding scale, no one refused care*
- **Obria Medical Clinics** women 445 N. Lake Ave. 626-440-9400 email: pasadena@wpcc.obria.org
pregnant, women’s health, pregnancy loss and abortion grief groups
- **Prototypes Healthy Families** – 626-577-2261; Mental health insurance for families (Seguro médico para familias); 2650 E Foothill Blvd., Pasadena
- **QueensCare Family Clinics** – (323) 635-1140; Serving Echo Park and Eagle Rock
- **Monrovia Health Center** – 626-256-1600; 330 W Maple Ave, Monrovia
- **WPCC Women’s Pregnancy Care Clinic** – 626-440-9400; 445 N. Lake Avenue; Tuesday & Thursday 9am-5pm; pregnancy testing and confirmation ultrasounds; STD testing.
- **Wesley Health Center** – 1845 N. Fair Oaks Avenue, Pasadena. Medica; & Dental Services. TB Testing, HIV Testing, Small Food Pantry 866-733-5924



OTHER SERVICES (OTROS SERVICIOS)

- **Christ Church of the Valley** – 909-592-2282; rent and utility assistance (San Dimas and surrounding)
- **Goodwill Worksource Center**– 323.558.3811; Contact Bobby May. Employment. Jobs. Preparation
- **Hope Center** –(Pacific Clinics) - 626 337-3828; 13001 Ramona Blvd. Suite I, Irwindale, CA 91706, Daily Meals; Laundry, Education, Clothing, Housing Location, Interview Prep Ages 16-25. (Comida diaria, ducha y lavadora; educacion, ropa, busqueda de vivienda; preparacion de entrevista)
- **Jackie Robinson Center** – 626 744-7300; 1020 Fair Oaks Ave, Pasadena; utility assistance, legal aid
- **Job Center Pasadena Community** – 626-440-0112; 500 N Lake Ave, Pasadena
- **Legal Aid Foundation** – 800-399-4529; 5301 Whittier Blvd 4th floor, L.A. 90022
- **Neighborhood Legal Services** – 800-433-6251; 1102 East Chevy Chase Drive, Glendale
- **PUSD Families in Transition** – 626-396-3698; 750 N Los Robles, Pasadena
School supplies, school uniforms, registration assistance. (Provisiones de la escuela)
- **Shepherd’s Door** – 1.800.799.SAFE (7233); Domestic violence assistance
- **Sources** – 626-200-5963 Career development and job placement (Desarrollo de carrera y colocación de trabajo)
- **West Covina Community** – 415 S Glendora Ave, Ste F, West Covina 626-918-2005. Referrals only
- **WorkSource Center at LATTC** – 213.763.5955; 400 W. Washington Blvd. LA, CA 90015. Jobs.